

**ANNE ARUNDEL COUNTY CHAPTER OF
THE BEREAVED PARENTS OF THE USA**
2007 Program Schedule

Date	Program Title	Description	Presenter(s)
01/04/07	Happy New Year – Revisiting the Grief Process Again!	The January program will focus on looking ahead to the new year as we continue to deal with the loss of our children.	Jane Schindler
02/01/06	<i>NO PROGRAM TOPIC</i>		
03/01/07	Using Music in Dealing with Grief	Some bereaved parents find music can be helpful in dealing with their grief. Paul will relate his experiences with music in his grief journey and talk about the role he believes music can play in the grief process. Members are urged to bring CDs or cassette tapes with music they have found particularly meaningful and helpful as they deal with their grief. We will use these as part of the discussion in our Sharing Groups.	Paul Balasic
04/05/07	<i>NO PROGRAM TOPIC</i>		
05/03/07	Program canceled for lack of speaker		
06/07/07	<i>NO PROGRAM TOPIC</i>		
07/05/07	<i>NO PROGRAM TOPIC</i>		
08/02/07	<i>NO PROGRAM TOPIC</i>		
09/06/07	Making It Through Holidays and Special Days	The holidays, particularly those in November and December, can be very difficult for bereaved parents. A speaker or panel of members will discuss these issues and offer suggestions on preparing for and dealing with holidays and significant dates such as Thanksgiving, Christmas, Chanukah, Mother’s Day, Father’s Day, Valentines Day, the birthdate of the child, the deathdate of the child, the day the child would have first gone to school, etc.	Panel
10/04/07	<i>NO PROGRAM TOPIC</i>		
11/01/07	<i>NO PROGRAM TOPIC</i>		
12/06/07	Introducing Our Children	The focus of this evening will be on our deceased children, and giving us a better sense of who these children were. There will not be a “Presenter”; the sharing groups are the focus. Each person brings a picture or some memento of his/her lost child. In the sharing groups each person holds the picture or memento facing the rest of the group and “introduces” his/her child, describing what the child was like, etc.	Sharing Groups