



Bereaved Parents of the USA

Anne Arundel County Chapter

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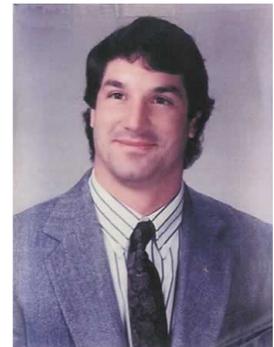
Our Children Remembered

Grief is the price we pay for love ...



Walter H. Maynard IV
January 2, 1965 - April 14, 2006

"It's funny, how looking back on a sorrow thinking, at the time, you might well die from it, then realize that you had not yet reckoned with a tenth of true grief."



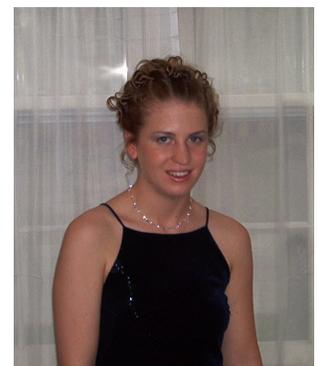
Daniel Rothman
January 20, 1971 - September 17, 1992

"Beloved always..always in our hearts"



Thomas H. Redmiles
February 22, 1985 - March 14, 2011

*Until that day when I walk into the light and see you again, I will be missing you, every second.
Happy birthday my sweet, kind and hilarious baby boy.*



Emily Ann Schindler
July 27, 1985 - January 27, 2004

JAN/FEB 2017

D
A
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L

My heart calls his name

Softly

Across the limitless emptiness

Of the Universe, where it echoes

Gently

Back into my soul.

I look toward the sound

Lovingly

And its tone comforts me

For a moment. I listen

Quietly

Until the echo fades

And I can only remember it

Longingly.

I say his name again and again

Into the great, deep, vast Unknown

Hopefully

Though I know with the certainty

Of 24 long years' calling

He cannot hear me.

~Daniel's Mom, Juliet C Rothman



NEWSLETTER EDITOR NEEDED

Our Chapter needs a volunteer, or two, to be our Newsletter Editor. The Newsletter is a very important resource to all our Chapter families, as it provides a forum for honoring our children, finding learning and solace in poems and articles, and providing Chapter information. Giving of yourself is always healing, and being instrumental in providing this resource to other Bereaved Parents can only be a positive step in your journey as you extend a helping hand to so many others. Please seriously consider taking on this invaluable effort. Contact me if you have questions or will volunteer to be the next editor or co-editor. Thank you.

Carol Tomaszewski, [410-519-8448](tel:410-519-8448), chapterleaderaacountymd@gmail.com

GRIEF HEALING

Resolutions for the Bereaved

- Educate yourself about what happens in grief and learn what reactions are normal.
- Find a book on grief (check the library, local or online bookstore, Center for Loss and Life Transition, Compassion Books, or Centering Corporation); consider journals, workbooks, poetry. Look for workshops on grief, loss and bereavement that are open to the public and sponsored by your local hospice, The Compassionate Friends, AARP, mortuaries, churches and other community organizations.
Subscribe to a healing magazine or journal such as Grief Digest or Living with Loss.
Find and visit helpful Web sites for the bereaved, such as GriefHealing.com.
- Join an online grief support group, such as our Grief Healing Discussion Groups.
- Attend an in-person support group, and go at least three times before you decide if the group you've chosen is right for you.
- Let yourself mourn, in whatever ways you need to. Recognize that there is no right or wrong way to do the work of grief.
- Take it one day (one hour, one moment) at a time.
- Take good care of yourself. Get checked out by your doctor and your dentist. Eat healthy, balanced meals. Rest as much as you can. Get some exercise. Drink lots of water.
- Pamper yourself. Listen to uplifting music, read a good book, soak in a hot tub, write in a journal, get a new haircut, have a massage, call a friend, take a walk.
- Plan ahead for difficult days (holidays, anniversary dates, birthdays) to alleviate some of the worry and stress.
- Do whatever you can to actively remember and maintain a connection with your loved one. Plan a ritual of remembrance (light a candle online, ask family and friends to share memories, plant a tree or a garden) or construct a memory book; make a quilt or Teddy bear using your loved one's clothing. Find ways to mention your beloved's name in family rituals, conversations with family and friends, religious services, memorials and donations to charity.

Points to ponder throughout the coming New Year:

- What meaning is there to be found in this loss?
- What lessons have you learned, or what can be learned from this experience?
- What self-discoveries are you making?
- What personal qualities have been strengthened as a result of this experience?
- What strengths can you identify that were not apparent before?
- What is becoming of the person you used to be? Who are you now?
- What was important to you before this loss, compared to what is important now?
- How has this experience impacted your values and spiritual beliefs?
- Do you see the world any differently now?

<http://www.griefhealingblog.com/2013/12/new-year-resolutions-in-caregiving-and.html>

Book Review



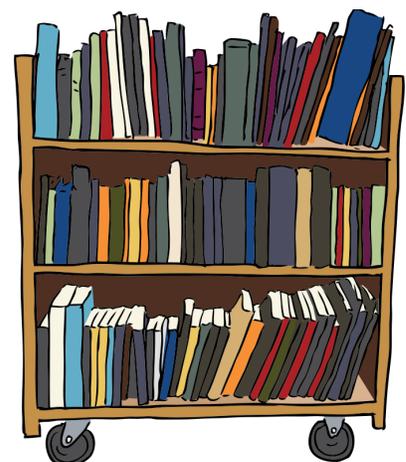
They were airborne for six minutes. And then they were gone.

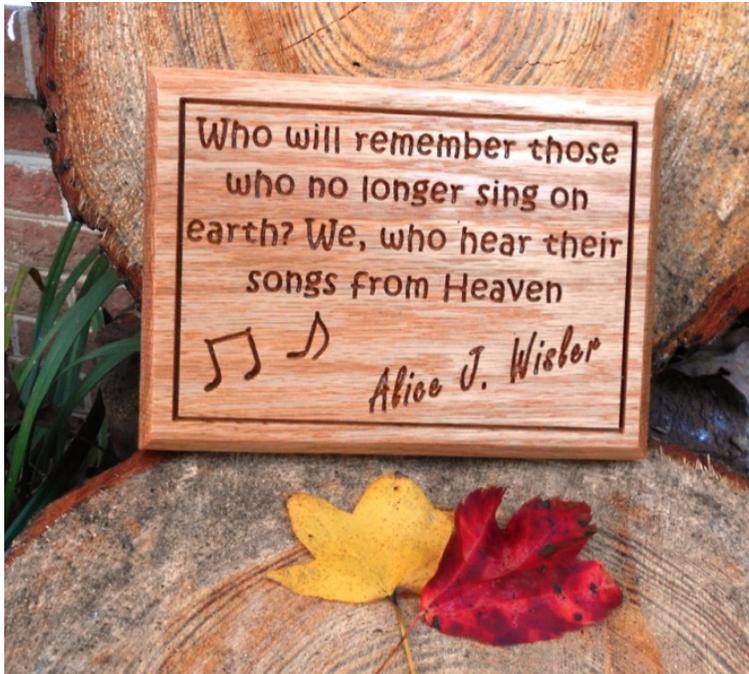
Karen Perry had a difficult childhood. Her sister died at a very young age, causing the breakup of her parent's marriage and the mental breakdown of her mother. As a young adult she survived two bouts of cancer and two of her three children had special needs. She juggled all of this while obtaining a pilot's license during the time when woman pilots were not treated with respect or given assignments with the major airlines.

On Thanksgiving Eve 2011, Karen's life changed forever when her three young children and their father died in a plane that crashed into Superstition Mountain in Arizona. The story made national headlines and was featured on the Oprah Winfrey Network as part of the Super Soul Sunday series. Everyone wanted to know--how does a mother comprehend, let alone process, such a loss?

Angels Three takes readers deep inside Karen Perry's world of aviation, the challenges of parenting special needs children, and the indescribable pain of every parent's worst fear come true. This skilled pilot and grieving mother is left to search for clues about what happened that night, and why. Her search for the truth leads to a startling revelation, legal battle with the Federal Aviation Administration, and a troubling question: Was the crash avoidable?

You will cry with her as the author relays the events of that tragic day and laugh as Karen shares the funny and unique personalities of the children she lost forever.





When the ball at Times Square drops, champagne corks pop. Ample hugs and kisses are dispensed all around.

A new year, new hope, new ventures, new possibilities. Wow, it's all so exciting!

However, for the parent who has lost a child in the previous year, the dawning of a new calendar year can be rough. In fact, most of the time, it is.

The bereaved parent can feel isolated, lonely, and sorrowful while everyone else is celebrating.

Daniel died at age four in February 1997 and entering 1998 was hard. My mind was filled with questions like: *What am I doing entering a new year without him? How can this be? Why do I get to live*

and he died?

I was overcome with the feeling that I was leaving him behind. Because there it was, a fresh untouched year and I knew that none of the 365 days in it would contain a hug from him. There would be no new memories, no sixth birthday to watch him blow out the candles. 1998 was the year he was to start first grade and be in school with his big sister. At least in 1997, he had been with me. 1997 was the year he died, true, but he had also lived 33 days of it.

1998 knew nothing of a blond-haired boy who became bald from cancer treatments and had a love for being read to and a generosity for giving out stickers.

How could I be excited about a new year?

Change isn't easy for many of us. While most want to get rid of an old used year, and enter something new and hopeful, for the bereaved mother or father, that is not always the case. Many can say, "Good riddance to 2013; it was a lousy year." But for others, that was the year their son or daughter died, and moving from it, means a parent is moving further from the last time he or she saw her/his child.

Bereaved parents have fragile hearts. They might look okay, wear matching socks, use the correct salad fork, and even smile, but deep down in the fibers of their heart, they are struggling. Life seems so normal for everybody else—but them. They can think life is easy for others—but them. Getting out of bed can be a major accomplishment. Celebrating holidays can be consumed with sadness instead of happiness.

If you have a bereaved friend, help her/him by letting this year be a year where she/he can freely share stories about a deceased son or daughter. Let those in your lives with broken hearts speak of the memories etched in their minds. Let your friends know that you will not forget their children for however short or long these children lived.

So, it's a new year. May we all strive to make it an empathetic one where we learn richly from each another. ~Alice Wisner

WHAT DO THE FIRST FIVE YEARS LOOK LIKE?

Written by Laura Diehl on Tuesday, November 29, 2016

Exactly five years ago today, our daughter, Becca, left this earth.

I have been doing a lot of thinking and reflecting, trying to put so many abstract thoughts and feelings into something concrete, like words on a page.

How is my life different now, besides the obvious? What is good, what is bad, and what is still just plain ugly? What have I learned that might help those who are on this path behind me?

So here are five things I have discovered over the last five years.

THERE ARE NO RULES OR TIMELINES FOR GRIEF

My husband, Dave, and I are blessed to still have both of our parents on this earth. Neither of us has experienced the death of a sibling. So it rocked us to the core to have the first death of someone in our immediate families be our daughter.

I had no grid, nothing to “compare” my grief to, based on past experience. But I soon found out from other bereaved parents that it didn’t really matter. There is no other grief like it.

That also means there is no right or wrong way to grieve. We hear people tell us that; we tell others the same thing; and yet, when it comes to our spouse, we seem to make exceptions to that rule. If he or she is not dealing with it like we are, they must not be doing it right. (I want to look at pictures, he wants nothing to do with them. I want to stay away from the cemetery, and she is there crying her eyes out every single day.)

Grief is very personal. There is no timeline and there are no “rules.” This means grief takes lots and lots of grace, both in receiving and in giving.

WHEN THE GRIEF WAVES COME, THEY ARE NOT AS SUFFOCATING AS THEY USED TO BE

If you are within the first year, I cringe to tell you chances are pretty good that it will get worse before it gets better.

I encourage people not to compare their grief with others, as that can be damaging. And you just read how I shared that grief has no timeline. However, there is a certain pattern (for lack of a better word) that most of us seem to follow, which is actually helpful to be aware of, in case you find yourself in this “pattern.”

The first year is very painful, but there is also a fog and confusion that comes with it. You think the second year will get better, but for many of us, the numbness is lifting, and the full weight of our loss hits us full force.

If or when that happens, keep breathing. Keep taking one day, one moment at a time. And make sure you connect with other bereaved parents who have been where you are; those who can walk with you, cry with you and assure you that you *will* get past this.

The third year often becomes when we start to learn how to function again. I would like to say it is uphill from there, but grief is not an event, it is a process. In the beginning, there will be many moments (or days) when grief hits like a tsunami. But as you go along, they become grief waves, which don’t suck you under as deeply or as long...usually...

FORGIVENESS PLAYS A HUGE PART IN THE HEALING PROCESS

There are so many people we need to forgive with the death of our child.

- Anyone who had anything to do with it, directly or indirectly
- Friends and family who say or do hurtful things
- Ourselves, for not being able to prevent it
- Our child for leaving us
- For some of us, God, for not stepping in and preventing it

Holding on to unforgiveness causes us to be angry and bitter. Some people say it is like drinking poison and expecting the other person to die. Forgiveness is actually a choice we make, not based on our feelings or on what the other person has or hasn't done. And it is a process we often have to choose over and over again until it takes hold and becomes part of us. (I address this more fully in my book *When Tragedy Strikes*).

I AM NOT GETTING FARTHER AWAY FROM MY CHILD, I AM GETTING CLOSER TO HER

This was a huge weight lifted from me when I realized this. At the beginning, I almost couldn't breathe thinking about being five, ten, or twenty five years away from Becca. In my praying about this, God spoke to my heart that I am not getting further away from Becca, but closer to her. Every day I am here on this earth is one day closer to my own departure and being with her again.

Talk about a change in perspective! That takes me from stabbing pain to soaring hope!

THERE WILL BE LAUGHTER AND JOY AGAIN

The guilt of laughing and being happy after the death of our child can be horrible. "I must be a terrible person." This is an area in which I still unconsciously self-sabotage myself.

Here is a question that has helped many parents get past this. "Would my child want me to stay in this place of so much darkness and pain, or would he or she want to see me happy again?" I think if we are willing to admit it, our child would feel terrible if they knew they were the cause of our never smiling, laughing, or having joy again.

It's okay to smile. It's okay to laugh. It's okay to be happy and have joy in our lives again. It does not mean we have "moved on" or left our child behind as nothing but a faint memory. That is just plain impossible. What it does mean is that you have gotten to the place where you can live again beyond the death of your child.

Our daughter, Becca, had bone cancer at age three. Part of her treatment was the amputation of her left leg. This gave us twenty six years of a front row seat to someone who had a very part of her cut off, but learning how to live a full life without that leg.

Each of us has had our child cut off from us like an amputation. But each of us can eventually learn how to live a full life with that child no longer here on this earth. There will be daily reminders. Some events will be more difficult than others. But not only is it possible, it will happen, if and when you are ready to allow yourself to be happy again and live a full life with that part of you missing.

And finally, this is the first year our perspective has changed from thinking about today being the day she died, to being the day of her heavenly birthday.

So with that, I will end by saying, "Happy fifth birthday in heaven, Becca!"

<http://www.opentohope.com/first-five-years-look-like/>

Our Children Remembered

This is for all the caterpillars that never became butterflies. All the butterflies that never caught the wind in their wings. And all the hearts that had hopes and dreams of a wondrous flight together.

JANUARY

William P. Anthony Jr.
Son of Bill and Linda Anthony
June 1, 1965 - January 2, 1999

Melanie Suzanne Berkow
Daughter of Sandra Winans
January 2, 1956 - March 23, 2012

Emily Ann Blazejewski
Daughter of Lee Ann and Doug Blazejewski
January 27, 1997 - January 2, 2004

Wes Paul Boone
Son of Eve Boone
October 9, 2008 - January 19, 2015

Charlotte O'Brien Boone
Daughter of Eve Boone
July 23, 2006 - January 19, 2015

Taylor Brann
Granddaughter of Larry and Linda Brann
January 27, 1995 - March 29, 1995

Paul John Burash
Son of Robert and Sandra Burash
January 18, 1972 - August 8, 1992

Allison (Alli) Leigh Cantrell
Daughter of Kristy Cantrell
January 19, 1982 - September 5, 2014

Emily Christina Davidson
Daughter of Fran Smith
July 24, 1972 - January 13, 2011

Nicholas Delaney
Son of Tina Delaney
December 29, 1981 - January 19, 2016

Jason T. Easter
Son of Janice and Chris Kunkel
January 30, 1973 - September 9, 1999

Jackie Cheyenne Foy
Daughter of Mike and Cat Foy
January 21, 1999 - December 24, 2008

Melissa Fernanda Garcia
Daughter of Claudia Hnatiw
January 25, 1993 - July 30, 1994

Theresa Karen Gardner
Daughter of Joan F. Gardner
July 28, 1962 - January 7, 1994

Walter H. Maynard IV
Son of Rose Marie Carnes and Walter Maynard III
January 2, 1965 - April 14, 2006

Sarah Anne McMahan
Daughter of Deborah and Daniel McMahan
January 24, 1995 - July 13, 2012

Craig Steven Nelson
Son of Karen Coulson
April 2, 1974 - January 31, 1994

Robert Adam "Robby" Ostrowski
Son of Denise Crouse
January 30, 1995 - September 11, 2010

Nicholas Grant Poe
Son of Karen and Michael Willey
November 9, 1982 - January 23, 2002

Joseph William Remines
Son of Bobbi Remines
Son of Jim Remines
November 16, 1980 - January 3, 1994

Daniel Maurice Rothman
Son of Juliet and Leonard Rothman
January 20, 1971 - September 17, 1992

Thomas Jeffrey Schall
Son of Tom and Joyce Schall
January 16, 1963 - January 7, 2002

JANUARY continued..

Gregory Robert Sears
Son of Rob and Marilyn Sears
December 11, 1975 - January 6, 2012

Daniel John Sohovich II
Son of Vera Sohovich
January 26, 1988 - June 9, 2011

Nariyah Gabrielle Wheeler
Daughter of Tarica Carpenter
December 26, 2006 - January 2, 2007

Daniel Alfred Whitby
Son of Rita and Albert Whitby Sr.
Brother of Susan Lovett
January 10, 1959 - August 15, 1974

Carole Anne Wilford
Sister of Aljuana Saunders
January 7, 1944 - May 4, 1998

Matthew Tyler Williams
Son of Marta and Chuck Williams
May 8, 1986 - January 13, 2011

FEBRUARY

Bethany Anne Balasic
Daughter of Paul and Claudia Balasic
February 13, 1981 - April 5, 1996

Susan Lawrence Barr
Daughter of Bryant and Missy Lawrence
July 14, 1961 - February 16, 1991

Christopher Ryan Boslet
Grandson of Carol N. Boslet
October 23, 1985 - February 20, 2003

Amber Marie Calistro
Daughter of Patti and John DiMiceli
February 28, 1976 - October 30, 1980

Chrystal Marie Clifford
Fiancé of son of Marilyn Mabe
July 16, 1978 - February 17, 2001

John Mario DeMichiei Jr.
Son of John and Linda DeMichiei
February 24, 1979 - October 23, 2008

Zachary Lee Dukes
Son of Cindy Dukes
February 12, 1989 - March 31, 2010

Jenna Leigh Erickson
Daughter of June and Jed Erickson
February 12, 1988 - February 5, 2011

Manuel Junior Esparza
Son of Dianna McKinnon
March 20, 1987 - February 14, 2012

Melissa Ireland Frainie
Daughter of Kathy and George Ireland
December 12, 1971 - February 12, 2007

Katie Fritz
Daughter of Carol Fritz
October 29, 1977 - February 27, 1993

Kimberly Judith Gardner
Daughter of Joan F. Gardner
February 6, 1968 - August 16, 1992

Carolyn A Griffin
Daughter of Rick and Jan Griffin
February 15, 1983 - June 1, 2011

Richard Arland Jackson
Son of Margaret Jackson
February 9, 1990 - October 22, 2010

Timothy Jarrett Mabe
Son of Marilyn Mabe
October 29, 1977 - February 18, 2001

Jolene Dawn McKenna
Daughter of Charlene Kvech
February 8, 1967 - November 22, 1971

John David "JD" Openshaw
Son of David and Lily Openshaw
November 9, 1994 - February 21, 1997

Adrian Bernard Andrew Ortega
Son of Rachael Hand
August 28, 1964 - February 17, 2005

Brian James Para
Son of Joan Para
February 19, 1970 - March 19, 1991

Marco Pena
Nephew of Dianna McKinnon
November 28, 1989 - February 14, 2012

Thomas H Redmiles
Son of Mary and Joe Redmiles
February 22, 1985 - March 14, 2011

Tanager Rú Ricci
Son of Kathy Franklin
October 19, 1977 - February 16, 2004

David C. Schmier
Son of Gordon and Virginia Schmier
June 26, 1964 - February 10, 1992

FEBRUARY continued..

David William Tomaszewski
Son of Richard and Carol Tomaszewski
September 4, 1974 - February 6, 2001

Timothy Allen Umbel
Son of Richard and Mary Ann Umbel
February 16, 1982 - September 15, 2002

Eryn Bryce Wygal
Son of Pam and Bill Wygal
February 15, 1991 - February 24, 1994



Meeting Summary: Calvary United Methodist Church • 301 Rowe Boulevard • Annapolis, MD 21401. Sharing groups, a key part of each Chapter meeting, will be held as desired for first-time attendees, and the newly and non-newly bereaved. Meetings are held on the first Thursday of every month beginning at 7:30 p.m. (Doors open at 7:15) and are open to anyone grieving the death of a child. Come around to the back of the church -- there is parking and an entrance directly into our meeting room. Doors open at 7:15 p.m.

We are a **self-help support organization** dedicated to assisting parents, grandparents, aunts, uncles and siblings toward the positive resolution of grief following the death of a child. We provide information and education to extended family and friends. Our greatest strength as bereaved families is the unity we find in shared experiences which can lead us out of isolation, give us a place to “belong,” and offer us hope that together – we can make it.

Next Meetings: January 5th, February 2nd and March 2nd at 7:30 p.m.

- * January Monthly Meeting: We will talk about the challenge of a new year in addition to reading our letters from last year for those that wrote letters.
- * February Monthly Meeting: TBD and to be presented by Paul Balasic
- * March Monthly Meeting: Linus Blanket Project

WHAT TO EXPECT AT OUR CHAPTER MEETINGS: Our Chapter gathers one evening a month to address topics and offer support to those who are mourning the death of a child. Our meetings last for approximately 2 hours. Sometimes we schedule a 30-minute presentation at the beginning of our meeting. When the speaker or panel has concluded the presentation, we introduce ourselves and say our child’s name. We then take a short break before dividing into sharing groups. Sharing groups are facilitated by fellow Chapter members and are completely confidential. During this time, the issues that are discussed—particularly for the newly bereaved—focus on the issues facing participants today.





Annual Service of Remembrance

For 32 years there has been a Service of Remembrance held to honor our children who have gone from our lives far too soon. It is my honor to be the current Chapter Leader of the Bereaved Parents of Anne Arundel County, and as such to welcome everyone who attended the Service this year. If you were there, you know that the church was full. It warms my heart, and at the same time breaks my heart, to have so many families attend.

Months of planning and organization go into providing this Service. This year, the music was particularly meaningful to many of us, with songs that were about forever remembering, healing love, lighting candles, and celebrating our children. And the harp prelude and background music during the candle lighting and slide show, seemed to soothe our hearts and souls, and call to our angels.

Even though much time is spent editing the program and slide show, it seems there are always some errors or omissions. We know how important it is to have these details correct for all our children. But please be understanding about this, and let us know so we can make corrections. As an explanation, there is a deadline to meet for printing the program, so names may not be included in the program if a response is not timely. And we do not include names in the program unless requested because of privacy concerns. As for the slide show, since that is created by several of our members, changes can be made until the day before the Service, and often have been. We try our best to honor your children.

A special thank you to June Erickson for being responsible for planning and organizing the Service of Remembrance. She did a wonderful job.

Thank you to everyone who participated. The sibling and grandparent personal stories were especially meaningful and touching. The readings of our Chapter Credo, the responsive reading "As We Remember Them," and "Say Their Names" were all an integral part of the Service. And the minister spoke of cardinals, love and hope.

It's our hope that our Chapter will continue to provide a Service of Remembrance that provides healing and lifts your heart. If you have any thoughts or suggestions for next year, or would like to participate, please let us know.

We appreciate your generous donations which allow us to continue to provide resources, monthly meetings, and special events to support many bereaved parents in our local area.

Thank you to the following who have made Service of Remembrance donations:

Elizabeth and Barry Aikin in memory of John Russell Aikin

Doug Blazejewski in memory of Emily Ann Blazejewski

Bonita Boome-Adamecz in memory of Traci Lynn Boone

John and Cathi Campbell in memory of Hannah Lindley and Faith Campbell

Noel and Ann Castiglia in memory of Tria Marie Castiglia

Karen Coulson in memory of Craig Steven Nelson

Mary Louise and Alain deSarran in memory of Elizabeth deSarran

Marie Dyke in memory of Michele Marie Dyke

Cindy and Stephen Earp in memory of Devin A Hall

Holly and Alli Enders in memory of Christine Kelly Enders

Aurelia Ferraro in memory of Jeff and Dora Baldwin

Kathy Franklin in memory of Tanager Ru Ricci

Carol Fritz in memory of Katie Fritz

Gordon and Peggy Haines in memory of Matthew Gordon Haines

Rachel Hand in memory of Adrian Bernard Andrew Ortega

Betty & John Hodges in memory of Charles "Chip" Marshall Hodges

Leroy and Jeanne Jones in memory of Brian Keith and Jeremy Scott Jones

Bob and Sue Katz in memory of Matthew James Katz

Yoosef and Linda Khadem in memory of William Mirza Khadem

Eric and Tonya Krebs in memory of Sydney Ariel Krebs

Missy Lawrence in memory of Susan Lawrence Barr

Alycia Marshall in memory of Aaron Gene Marshall

Judy Bolly in memory of Wendy Bolly

Ellen Foxwell in memory of Michael Dwayne Nokes.

Elvira and Tom McCormick in memory of John Thomas McCormick III

Kathleen and Donald McGlew in memory of Jennifer L Hamilton

Norma and Donald Melcher in memory of Brian Richard Melcher

Rosemary Mild in memory of Miriam Luby Wolfe

Mike Milord in memory of Dan Milord

John and Suzanne Mulloy in memory of Ryan John Mulloy

Barbara Orndorf in memory of David Brian Clutter, Sr

Sharon Poe in memory of John Christopher Poe

Robert and Linda Rasmussen in memory of Steven Craig Rasmussen

Mary and Joe Redmiles in memory of Thomas H Redmiles

Bobbi Remines in memory of Joseph William Remines and Romana Alice Hale

Dennis and Joan Rohrback in memory of Dennis Richard Rohrback

Kathleen Savage in memory of Robert M White

Tom and Joyce Schall in memory of Thomas Jeffrey Schall

Margie Schwartz in memory of Zach Schwartz

John and Glenda Skuletich in memory of Abigail Skuletich

Lewis and Peggy Strader in memory of Christopher Lewis Strader

Vanya Torres in memory of Solymar Rodriquez-Torres

Bill and Karen Whitham in memory of William David Whitham

Karen and Michael Willey in memory of Nicholas Grant Poe

Mary Ellen Young in memory of Zachary Daniel Robertson

And all of you who gave cash donations.

Also, thank you to Joe's Crab Shack, COSTCO and BJs Wholesale Club for their donations for the Service of Remembrance reception. And, a very heartfelt thank you to Zancan Press, Inc. who printed our beautiful programs and has done so for many years. This year they donated them to us in memory of Jenna Erickson.

I hope you have found some moments of peace and healing during the Holidays, and are beginning a new year with your Angels by your side.

"We are not alone. We walk together with hope in our hearts."

Carol Tomaszewski, Chapter Leader, BP-AACounty

